# **PRODUCT INFORMATION**

## Ginseng Complex

Promotes Healthy Immune Function\* Relieves Stress and Fatigue\* Supports Healthy Sexual Function\* Adaptogen and Rejuvenative\*



**Panax Ginseng** – Ginseng (Panax Ginseng) is one of the most valued medicinal plants. The root is now widely consumed in the West and originally was part of traditional Chinese medicine. The great diversity of pharmacological properties implies that it may act in a unique and essential way on the body. Its activity often appears to result from nonspecific effects, rather than particular organs or systems.

Ginseng increases vitality and the ability to withstand stress by acting primarily on the hypothalamus. It enhances immune function and promotes longevity, metabolism and growth of normal cells.

Two forms of the root are available: red ginseng where the root is steamed before drying and white ginseng which is dried by normal processes.

**Eleutherococcus Senticosus (Siberian Ginseng)** – Classified as an Adaptogen by Russian Scientists, Siberian Ginseng increases nonspecific body resistance to stress, fatigue and disease, and has a normalizing action irrespective of the direction of the pathologic state.

Medically, it is used in convalescence, in certain chronic conditions of the cardiovascular system and supportively as part of immune enhancement. It is less stimulating than Panax and causes a more profound increase in stamina. Eleuthero may have a wider application in the field of stress and antitoxicity. Eleuthero has immunomodulatory activity and may be useful in patients with fatigue disorders.

**Withania Somnifera (Ashwagandha)** – Ashwagandha is often called Indian ginseng in reference to its rejuvenative effects on the nervous system. Traditionally, all parts of the plant were used as medicine, but the root, which has a damp-horse smell, is most commonly used today.

Ashwagandha contains at least 26 bioactive alkaloids and steroidal lactones called withanolides. The plant's complex chemistry and numerous constituents may explain its broad spectrum of therapeutic properties including acting as an adaptogen and nervine. Several studies support Ashwagandha's traditional and current uses: Stress reduction, cognition enhancement and the promotion of healthy immune and sexual function.

#### **For Professional Use**

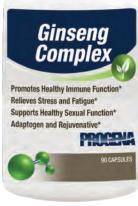
Specifically formulated nutritional product derived from ingredients quality controlled for consistent potency and safety. This product was manufactured in a GMP Certified Facility. Contains no GMOs, sugar, preservatives, artificial colors, flavors or additives, and no wheat, yeast, milk, soy or gluten.

#### **Recommended Dosage:**

One capsule three times daily with food or as directed by your health care professional. Tamper Resistant: Do not use if safety seal is broken or missing.

CAUTION: KEEP OUT OF REACH OF CHILDREN

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## 90 Capsules

### **Supplement Facts**

Serving Size: One (1) capsule	
Each Capsule Contains:	% Daily Value
Organic Panax ginseng root	200 mg**
Eleutherococcus senticosus root extract Standardized to contain 0.8% Eleutherosi	200 mg** ides
Withania somnifera (Ashwagandha) root exi Standardized to contain 1.5% Withanolide	
** Daily value not established.	

Other Ingredients: Vegetable Cellulose (Vegetarian Capsule).

