

# ALLERGENA™

**Hawaii** Puerto Rico & the Virgin Islands

## Allergy Relief for Where You Live\*

### Geographically Zoned Formula For Local Tree, Weed & Grass Allergens

- Homeopathic Sublingual Immunotherapy
- Builds a strong immune system to help fight allergies\*
- Non-Drowsy, no side effects and no drug interactions\*
- No GMOs and No Gluten
- Alleviates runny nose, sneezing, congestion, sinus pressure, itchy & watery eyes\*
- Contains herbal drainage remedies to enhance the drainage process and remove antigen residue\*
- Additional immune support provided from Echinacea\*



NET 1 FL. OZ. (30ml)

**Allergena Hawaii, Puerto Rico & Virgin Islands is formulated to provide relief for the following local allergens\*\*:**

#### Trees

Acacia  
Alder, Red  
Alder, Smooth  
Ash, Arizona  
Ash, Green  
Ash, White  
Eucalyptus (Blue Gum)  
Mesquite  
Mulberry, Paper  
Mulberry, Red  
Mulberry, White  
Oak, White  
Palm, Date  
Pine, White  
Privet, Common  
Walnut, Black

#### Weeds

Cocklebur  
Dock, Yellow/Curly  
Dock, Sour  
Lamb's Quarter  
Mugwort, Common (Sage)  
Nettle  
Pigweed, Rough/Redroot  
Pigweed, Spiny  
Plantain, English  
Ragweed, Short  
Sageweed, Common  
Sorrel, Sheep

#### Grasses

Bahia  
Bermuda Grass  
Johnson Grass  
Bluegrass, Kentucky/June  
Orchard Grass  
Ryegrass, Perennial  
Sweet Vernal

#### Herbal Drainage Remedies:

- Baptisia tinctoria
- Hydrastis canadensis
- Myrrha
- Nasturtium aquaticum
- Phytolacca decandra
- Trigonella foenum-graecum

**Active Ingredients:** Antigens 6X, 12X, 30X: \*\*Hawaii Grasses, \*\*Hawaii Trees, \*\*Hawaii Weeds; **Herbal Drainage Remedies 3X:** Baptisia tinctoria HPUS, Hydrastis canadensis HPUS, Myrrha HPUS, Nasturtium aquaticum HPUS, Phytolacca decandra HPUS, Trigonella foenum-graecum; Echinacea 3X HPUS.

**Inactive Ingredients:** USP Purified Water & 25% USP Ethanol.

## Frequently Asked Questions

### How does Allergena Hawaii, Puerto Rico & the Virgin Islands work?

The immune system defends us against disease. When harmful substances are detected, such as pollens, the immune system creates antibodies, which destroy or neutralize allergens (i.e. pollens, dust and/or mold) that cause us to have allergic reactions. However, sometimes even our immune system is not strong enough to defend against these allergens. Allergena is a Homeopathic Sublingual Immunotherapy that reduces the body's negative reaction to allergens. Our homeopathic allergy drops build immunity by exposing your body in micro doses to whatever it is that you are allergic to. This way, the body becomes safely conditioned to tolerate the allergens that previously brought on allergic reactions, and ultimately reduce allergic symptoms. Below are a few definitions to give you a better idea of how Allergena works:

- Sublingual: Underneath the tongue.
- Immunotherapy: Treatment to stimulate or restore the ability of the immune (defense) system to fight infection and disease. Allergy shots are another form of Immunotherapy.

### What does “Geographically Zoned” mean?

Trees in the Southwest are different from trees on the East Coast. That's why native trees, weeds and grasses from across the US have been grouped into 9 unique "zones". These zones ensure your body builds immunity to the specific allergens that make you miserable.

### Why are drainage remedies included?

Our specific herbal remedies enhance drainage of foreign particles which accumulate in the lymph system.

### How long before Allergena begins “working”?

Some users experience relief within hours. Others realize a reduction of symptoms between one to eight weeks.

### How long should I continue to take Allergena?

Frequent administration of Allergena is essential to building immunity. Recommended dosage for adults is 10-15 drops under the tongue, 3 times daily. Children (age 2-12), 6-10 drops under the tongue, 3 times daily, before or after meals. Allow drops to be absorbed orally, then swallow. **Acute allergy attack:** Administer 5-8 drops per hour, in addition to 3 times daily.

### Severe and long-term allergy sufferers?

**Pre-Season:** Begin Allergena one to two weeks before the allergy season at a recommended dosage of 6 drops under the tongue, 3 times daily. **During Allergy Season:** Increase to your recommended dosage. **Post-Season:** For best results, reduce your recommended dosage to 5-8 drops under the tongue once daily for the two weeks following the allergy season.

### Are there any side effects?

There are no known side effects. For extreme sufferers, heightened allergic reaction may occur following administration of Allergena. Do not be alarmed at this response. If you experience a headache after taking Allergena decrease dose to a tolerable level. Then increase dose slowly over a period of two weeks.

### Can I take Allergena with other medications?

Yes. There are no known adverse drug interactions.

### What is Sublingual Immunotherapy (SLIT)?

Sublingual Immunotherapy is a method of allergy treatment that uses an allergen solution given under the tongue. Over time, sensitivity to allergens are reduced. In 1998 the World Health Organization concluded that Sublingual Immunotherapy was a viable alternative to the injection route and that its use in clinical practice is justified.

Bousquet J, Lockey R, Malling H (1998). "Allergen immunotherapy: therapeutic vaccines for allergic diseases. A WHO position paper". J Allergy Clin Immunol 102 (4 Pt 1): 558–62.

## More Products by Allergena:

[www.allergena.com](http://www.allergena.com)

### Zones 1-9

Allergy Relief from  
Trees, Weeds & Grasses

### Mold Mix

Allergy Relief from  
Molds & Fungi

### Dust+Mite

Allergy Relief from  
Dust Mites & House Dust

### Fragrance

Allergy Relief from  
Fragrances, Smoke  
& Pollutants

### Pet Dander

Allergy Relief from  
Cats & Dogs and  
Other Animals

### for Pets

Allergy Relief for  
Cats & Dogs