

# ALLERGENA™

## Zone 8 OR & WA

## Allergy Relief for Where You Live

### Geographically Zoned Formula

With Local Tree, Weed & Grass Antigens in Each Bottle



NET 1 FL. OZ. (30ml)  
& NET 2 FL. OZ. (59ml)

- Homeopathic Sublingual Immunotherapy
- Builds a strong immune system to help fight allergies
- Non-Drowsy, no side effects and no drug interactions
- No GMOs and No Gluten
- Alleviates runny nose, sneezing, congestion, sinus pressure, itchy & watery eyes
- Contains herbal drainage remedies to enhance the drainage process and remove antigen residue
- Additional immune support provided from Echinacea

**Zone 8 is formulated to provide relief from the following local allergens:**

#### Trees

Alder, Red  
Alder, Thinleaf  
Alder, White  
Ash, Oregon  
Ash, White  
Aspen, Quaking  
Beech, American  
Birch, Paper  
Birch, Red  
Birch, River  
Cedar, Mountain  
Cedar, Red  
Cottonwood, Black  
Elm, Chinese  
Fir, Douglas  
Fir, White  
Juniper, Rocky Mountain  
Ligustrum  
Maple, Big Leaf  
Maple, Box Elder  
Oak, White  
Pine, Austrian  
Pine, Lodgepole

Pine, Ponderosa  
Poplar, Lombardy  
Poplar, White  
Privet  
Tree-Of-Heaven  
Walnut, English  
Willow, Black

#### Weeds

Bassia  
Beachweed, Silver  
Burning Bush  
Cocklebur  
Dock, Bitter  
Dock, Sour  
Dock, Yellow  
Firebush  
Goldenrod  
Greasewood  
Kochia  
Lambs Quarters  
Marsh Elder, Burweed  
Mexican Firebush  
Nettle

Oak, Jerusalem  
Pigweed, Redroot  
Pigweed, Rough  
Plantain, English  
Povertyweed  
Ragweed, False  
Russian Thistle  
Sagebrush  
Sage, Prairie  
Sea Blite  
Shadscale  
Silerscale  
Sorrel, Sheep  
Spearscale  
Tumbleweed  
Wingscale  
Wormwood, Biennial  
Wormwood, Common  
Wormwood, Sagewort

#### Grasses

Bluegrass, Annual  
Bluegrass, Canadian  
Bluegrass, Kentucky

Brome, Hungarian  
Brome, Smooth  
Cheat Grass  
Corn  
Creeping Bent  
Fescue, Meadow  
June Grass  
June Grass, Western  
Oats, Cultivated  
Oat Grass, Tall  
Oats, Wild  
Orchard Grass  
Quack Grass  
Redtop  
Rye, Alkali  
Rye, Cultivated  
Rye, Giant Wild  
Rye Grass, Italian  
Rye Grass, Perennial  
Timothy  
Velvet Grass  
Vernal Grass, Sweet  
Wheat, Cultivated  
Wheat Grass, Western

#### Herbal Drainage Remedies:

- **Baptisia tinctoria**
- **Hydrastis canadensis**
- **Myrrha**
- **Nasturtium aquaticum**
- **Phytolacca decandra**
- **Trigonella foenum-graecum**

**Active Ingredients:** Antigens 6X, 12X, 30X: Zone 8 Grasses, Zone 8 Trees, Zone 8 Weeds; **Herbal Drainage Remedies 3X:** Baptisia tinctoria HPUS, Hydrastis canadensis HPUS, Myrrha HPUS, Nasturtium aquaticum HPUS, Phytolacca decandra HPUS, Trigonella foenum-graecum; Echinacea 3X HPUS.

**Inactive Ingredients:** USP Purified Water & 25% USP Ethanol.

[www.allergena.com](http://www.allergena.com) / [see reverse for more details](#)

ALLERGENA™ is a Homeopathic Formulation by PROGENA™

## Frequently Asked Questions

### How does Allergena Zone 8 work?

The immune system defends us against disease. When harmful substances are detected, such as pollens, the immune system creates antibodies, which destroy or neutralize allergens (i.e. pollens, dust and/or mold) that cause us to have allergic reactions. However, sometimes even our immune system is not strong enough to defend against these allergens. Allergena is a Homeopathic Sublingual Immunotherapy that reduces the body's negative reaction to allergens. Our homeopathic allergy drops build immunity by exposing your body in micro doses to whatever it is that you are allergic to. This way, the body becomes safely conditioned to tolerate the allergens that previously brought on allergic reactions, and ultimately reduce allergic symptoms. Below are a few definitions to give you a better idea of how Allergena works:

- Sublingual: Underneath the tongue.
- Immunotherapy: Treatment to stimulate or restore the ability of the immune (defense) system to fight infection and disease. Allergy shots are another form of Immunotherapy.

### What does “Geographically Zoned” mean?

Trees in the Southwest are different from trees on the East Coast, and so what you are allergic to is entirely related to your geography, or where you live. That's why native trees, weeds and grasses, and other common allergens from across the US have been grouped into 9 unique "zones". These zones ensure your body builds immunity to the specific allergens that make you miserable.

### Why are drainage remedies included?

Our specific herbal remedies enhance drainage of foreign particles which accumulate in the lymph system.

### How long before Allergena begins “working”?

Some users experience relief within hours. Others realize a reduction of symptoms between one to eight weeks.

### How long should I continue to take Allergena?

Frequent administration of Allergena is essential to building immunity. Recommended dosage for adults is 10-15 drops under the tongue, 3 times daily, and for children, 6-10 drops under the tongue, 3 times daily, before or after meals. Allow drops to be absorbed orally, then swallow. Severe and long-term allergy sufferers should begin Allergena one to two weeks before the allergy season at a recommended dosage of 6 drops under the tongue 3 times daily. For best results, two weeks after the allergy season, reduce intake to 5-8 drops under the tongue once daily as needed. During an acute allergy attack, administer 5-8 drops per hour, in addition to 3 times daily.

### Are there any side effects?

There are no known side effects. For extreme sufferers, heightened allergic reaction may occur following administration of Allergena. Do not be alarmed at this response. If you experience a headache after taking Allergena, decrease dose to a tolerable level. Then increase dose slowly over a period of two weeks.

### Can I take Allergena with other medications?

Yes. There are no known adverse drug interactions.

### What is Sublingual Immunotherapy (SLIT)?

Sublingual Immunotherapy is a method of allergy treatment that uses an allergen solution given under the tongue. Over time, sensitivity to allergens are reduced. In 1998 the World Health Organization concluded that Sublingual Immunotherapy was a viable alternative to the injection route and that its use in clinical practice is justified.

Bousquet J, Lockey R, Malling H (1998). "Allergen immunotherapy: therapeutic vaccines for allergic diseases. A WHO position paper". *J Allergy Clin Immunol* 102 (4 Pt 1): 558–62.

More Products by Allergena:

[www.allergena.com](http://www.allergena.com)

**Zones 8 Kids**

Allergy Relief from  
Trees, Weeds & Grasses

**Mold Mix**

Allergy Relief from  
Molds & Fungi

**Dust+Mite**

Allergy Relief from  
Dust Mites & House Dust

**Fragrance**

Allergy Relief from  
Fragrances, Smoke  
& Pollutants

**Pet Dander**

Allergy Relief from  
Cats & Dogs and  
Other Animals

**for Pets**

Allergy Relief for  
Cats & Dogs