# ALLERGENA

# **Allergy Relief** for Where You Live\* Geographically Zoned Formula For Local Tree, Weed & Grass Allergens

- Homeopathic Sublingual Immunotherapy
- Builds a strong immune system to help fight allergies\*
- Non-Drowsy, no side effects and no drug interactions\*
- No GMOs and No Gluten
- Alleviates runny nose, sneezing, congestion, sinus pressure, itchy & watery eyes\*
- Contains herbal drainage remedies to enhance the drainage process and remove antigen residue\*
- Additional immune support provided from Echinacea\*
- Sweet Taste! Vegetable Glycerin Base

## Zone 5 Kids is formulated to provide relief for the following local allergens\*\*:

#### Trees

Acacia Alder, Smooth Ash, Arizona Ash, Green Ash, White Birch, Red Birch, River Box Élder Cedar, Pinchot Cedar, Mountain Cedar, Red Chinese Tallow Cottonwood, Eastern Cottonwood, Western Cypress, Arizona Cypress, Bald Elm, American Elm, Cedar Elm, Chinese Elm, Fall Blooming Groundsel Tree Hackberry Hickory, Bitternut Hickory, White Hornbeam

Ironwood Juniper, Alligator Juniper, Oneseed Juniper, Redberry Ligustrum Maple, Red Maple, Silver Mesquite Mulberry, Paper Mulberry, Red Mulberry, White Oak, Black Oak, Black Oak, Black Oak, Bur Oak, Live Oak, Pin Oak, Post Oak, Red Oak, White Pecan Pine, Austrian Pine, Lobiolly Pine, Longleaf Pine, Scotch Pine, Shortleaf Poplar, Lombardy Poplar, White Salt Cedar Sweetgum Sycamore Tree-Of-Heaven Walnut, Black Willow, Black

#### Weeds

Amaranth, Green Broomweed Burning Bush Carelessweed Cocklebur Dock, Bitter Dock, Sour Dock, Tall Dock, White Dock, Yellow Goldenrod Indian Hair Tonic Iodine Bush Jerusalem Oak Lamb's Quarters Marshelder, Burweed Mashelder, Narrowleaf

Marsh Elder, Rough Marsh Elder, True Mexican Tea Mugwort, Dark-Leaved Nettle Palmer's Amaranth Pigweed, Spiney Pigweed, Rough Plantain, English Ragweed, False Ragweed, False Ragweed, Giant Ragweed, Short Ragweed, Slender Ragweed, Southern Ragweed, West Rušsian Thistle Sage, Prairie Sorrel, Sheep Spearscale Waterhemp, Western Wingscale Wormwood, Annual

Zone 5 Kids KS, OK & TX

#### Grasses

Bermuda Grass Bluegrass, Annual Bluegrass, Canadian Bluegrass, Kentucky Brome, Hungarian Canary Grass, Reed Cheat Grass Corn Fescue. Meadow Johnson Grass June Grass Oat Grass, Tall Oats, Cultivated **Orchard Grass** Quack Grass Redtop Rye, Cultivated Rye Grass, Italian Rye Grass, Perennial Salt Grass Sudan Grass Timothy Wheat, Cultivated Wheat Grass, Western

#### Herbal Drainage Remedies:

- Baptisia tinctoria
- Hydrastis canadensis
- Myrrha
- Nasturtium aquaticum
- Phytolacca decandra
- Trigonella foenum-graecum

www.allergena.com / see reverse for more details ALLERGENA<sup>™</sup> is a Homeopathic Formulation by PROGENA<sup>™</sup> Active Ingredients: Antigens 6X, 12X, 30X: \*\*Zone 5 Grasses, \*\*Zone 5 Trees, \*\*Zone 5 Weeds; Herbal Drainage Remedies 3X: Baptisia tinctoria HPUS, Hydrastis canadensis HPUS, Myrrha HPUS, Nasturtium aquaticum HPUS, Phytolacca decandra HPUS, Trigonella foenum-graecum; Echinacea 3X HPUS.

Inactive Ingredients: USP Purified Water & Vegetable Glycerin.

\*www.allergena.com/drugdisclaimer

\*\*DISCLAIMER: Local allergens listed are immunologically reactive with the standard homeopathic antigen formulation used in this and other Allergena products.



NET 1 FL. OZ. (30ml)

# ALLERGENA

# **Frequently Asked Questions**

#### How does Allergena Zone 5 Kids work?

The immune system defends us against disease. When harmful substances are detected, such as pollens, the immune system creates antibodies, which destroy or neutralize allergens (i.e. pollens, dust and/or mold) that cause us to have allergic reactions. However, sometimes even our immune system is not strong enough to defend against these allergens. Allergena is a Homeopathic Sublingual Immunotherapy that reduces the body's negative reaction to allergens. Our homeopathic allergy drops build immunity by exposing your body in micro doses to whatever it is that you are allergic to. This way, the body becomes safely conditioned to tolerate the allergens that previously brought on allergic reactions, and ultimately reduce allergic symptoms. Below are a few definitions to give you a better idea of how Allergena works:

- Sublingual: Underneath the tongue.
- Immunotherapy: Treatment to stimulate or restore the ability of the immune (defense) system to fight infection and disease. Allergy shots are another form of Immunotherapy.

#### What does "Geographically Zoned" mean?

Trees in the Southwest are different from trees on the East Coast. That's why native trees, weeds and grasses from across the US have been grouped into 9 unique "zones". These zones ensure your body builds immunity to the specific allergens that make you miserable.

#### Why are drainage remedies included?

Our specific herbal remedies enhance drainage of foreign particles which accumulate in the lymph system.

#### How long before Allergena begins "working"?

Some users experience relief within hours. Others realize a reduction of symptoms between one to eight weeks.

#### How long should I continue to take Allergena?

Frequent administration of Allergena is essential to building immunity. Recommended dosage for adults is 10-15 drops under the tongue, 3 times daily. Recommended dosage for children (age 2-12), 6-10 drops under the tongue, 3 times daily, before or after meals. Infants (age 0-2), 3-5 drops 3 times daily, before or after meals. If possible, allow drops to be absorbed orally, then swallow. *Acute allergy attack:* Administer half the recommended dosage of drops per hour, in addition to 3 times daily.

#### Severe and long-term allergy sufferers?

**Pre-Season**: Begin Allergena one to two weeks before the allergy season at half the recommended dosage, 3 times daily. **During Allergy Season**: Increase to your recommended dosage. **Post-Season:** For best results, reduce your recommended dosage to half, once daily for the two weeks following the allergy season.

#### Are there any side effects?

There are no known side effects. For extreme sufferers, heightened allergic reaction may occur following administration of Allergena. Do not be alarmed at this response. If you experience a headache after taking Allergena decrease dose to a tolerable level. Then increase dose slowly over a period of two weeks.

#### Can I take Allergena with other medications?

Yes. There are no known adverse drug interactions.

## What is Sublingual Immunotherapy (SLIT)?

Sublingual Immunotherapy is a method of allergy treatment that uses an allergen solution given under the tongue. Over time, sensitivity to allergens are reduced. In 1998 the World Health Organization concluded that Sublingual Immunotherapy was a viable alternative to the injection route and that its use in clinical practice is justified.

Bousquet J, Lockey R, Malling H (1998). "Allergen immunotherapy: therapeutic vaccines for allergic diseases. A WHO position paper". J Allergy Clin Immunol 102 (4 Pt 1): 558–62.

#### More Products by Allergena:

#### Zone 5

## Mold Mix

Allergy Relief from Trees, Weeds & Grasses

#### Allergy Relief from Molds & Fungi

# Dust+Mite

Allergy Relief from Dust Mites & House Dust

## **Fragrance**

Allergy Relief from Fragrances, Smoke & Pollutants

# www.allergena.com

Pet Dander

Allergy Relief from

Cats & Dogs and

**Other Animals** 

# for Pets

Allergy Relief for Cats & Dogs