

ALLERGENA™

Zone 3 IA, IL, IN, MI, MN,
MO, OH, & WI

Allergy Relief for Where You Live

Geographically Zoned Formula

With Local Tree, Weed & Grass Antigens in Each Bottle



NET 1 FL. OZ. (30ml)
& NET 2 FL. OZ. (59ml)

- Homeopathic Sublingual Immunotherapy
- Builds a strong immune system to help fight allergies
- Non-Drowsy, no side effects and no drug interactions
- No GMOs and No Gluten
- Alleviates runny nose, sneezing, congestion, sinus pressure, itchy & watery eyes
- Contains herbal drainage remedies to enhance the drainage process and remove antigen residue
- Additional immune support provided from Echinacea

Zone 3 is formulated to provide relief from the following local allergens:

Trees

Alder, Smooth
Arbor Vitae
Ash, Arizona
Ash, Green
Ash, White
Aspen, Quaking
Beech, American
Birch, Paper
Birch, Red
Birch, River
Birch, Sweet
Birch, White
Birch, Yellow
Box Elder
Cedar, Mountain
Cedar, Red
Cottonwood, Common
Cottonwood, Eastern
Elm, American
Elm, Chinese
Hackberry
Hickory, Bitternut
Hickory, Pignut
Hickory, Shagbark
Hickory, Shellbark

Hickory, White
Ligustrum
Maple, Hard
Maple, Red
Maple, Silver
Maple, Soft
Maple, Sugar
Mulberry, Paper
Mulberry, Red
Mulberry, White
Oak, Black
Oak, Blackjack
Oak, Bur
Oak, Pin
Oak, Post
Oak, Red
Oak, White
Pecan
Pine, Austrian
Pine, Red
Pine, Sootch
Pine, Shortleaf
Pine, White
Poplar, Lombardy
Poplar, White
Privet
Sweetgum

Sycamore
Tree-Of-Heaven
Walnut, Black
Willow, Black

Weeds

Broomweed
Carelessweed
Cocklebur
Dock, Bitter
Dock, Sour
Dock, Tall
Dock, White
Dock, Yellow
Goldenrod
Indian Hair Tonic
Jerusalem Oak
Lamb's Quarters
Marsh Elder, Burweed
Marsh Elder, Rough
Marsh Elder, True
Mexican Tea
Mugwort, Common
Mugwort, Dark-Leaved
Nettle
Palmer's Amaranth

Pigweed, Spiny
Pigweed, Rough
Pigweed, Redroot
Plantain, English
Ragweed, Giant
Ragweed, Short
Ragweed, Southern
Ragweed, West
Ragweed, West, Giant
Sage, Dragon
Sage, Carpet
Sage, Common
Sage, Green
Sage, Pasture
Sage, Prairie
Sorrel, Sheep
Waterhemp, Western
Wormwood, Annual
Wormwood, Biennial
Wormwood, Common
Wormwood, Sagewort

Grasses

Bermuda Grass
Bluegrass, Annual
Bluegrass, Canadian

Bluegrass, June
Bluegrass, Kentucky
Brome, Hungarian
Brome, Smooth
Canary Grass, Reed
Corn
Corn Cultivated
Creeping Bent
Fescue, Meadow
Johnson Grass
June Grass
June Grass, Western
Oats, Cultivated
Orchard Grass
Quack Grass
Redtop
Rye, Alkali
Rye, Cultivated
Rye, Giant Wild
Rye Grass, Italian
Rye Grass, Perennial
Sudan Grass
Sorghum
Timothy
Velvet Grass
Wheat, Cultivated
Wheat Grass, Western

Herbal Drainage Remedies:

- **Baptisia tinctoria**
- **Hydrastis canadensis**
- **Myrrha**
- **Nasturtium aquaticum**
- **Phytolacca decandra**
- **Trigonella foenum-graecum**

Active Ingredients: Antigens 6X, 12X, 30X: Zone 3 Grasses, Zone 3 Trees, Zone 3 Weeds; **Herbal Drainage Remedies 3X:** Baptisia tinctoria HPUS, Hydrastis canadensis HPUS, Myrrha HPUS, Nasturtium aquaticum HPUS, Phytolacca decandra HPUS, Trigonella foenum-graecum; Echinacea 3X HPUS.

Inactive Ingredients: USP Purified Water & 25% USP Ethanol.

www.allergena.com / see reverse for more details

ALLERGENA™ is a Homeopathic Formulation by PROGENA™

Frequently Asked Questions

How does Allergena Zone 3 work?

The immune system defends us against disease. When harmful substances are detected, such as pollens, the immune system creates antibodies, which destroy or neutralize allergens (i.e. pollens, dust and/or mold) that cause us to have allergic reactions. However, sometimes even our immune system is not strong enough to defend against these allergens. Allergena is a Homeopathic Sublingual Immunotherapy that reduces the body's negative reaction to allergens. Our homeopathic allergy drops build immunity by exposing your body in micro doses to whatever it is that you are allergic to. This way, the body becomes safely conditioned to tolerate the allergens that previously brought on allergic reactions, and ultimately reduce allergic symptoms. Below are a few definitions to give you a better idea of how Allergena works:

- Sublingual: Underneath the tongue.
- Immunotherapy: Treatment to stimulate or restore the ability of the immune (defense) system to fight infection and disease. Allergy shots are another form of Immunotherapy.

What does "Geographically Zoned" mean?

Trees in the Southwest are different from trees on the East Coast, and so what you are allergic to is entirely related to your geography, or where you live. That's why native trees, weeds and grasses, and other common allergens from across the US have been grouped into 9 unique "zones". These zones ensure your body builds immunity to the specific allergens that make you miserable.

Why are drainage remedies included?

Our specific herbal remedies enhance drainage of foreign particles which accumulate in the lymph system.

How long before Allergena begins "working"?

Some users experience relief within hours. Others realize a reduction of symptoms between one to eight weeks.

How long should I continue to take Allergena?

Frequent administration of Allergena is essential to building immunity. Recommended dosage for adults is 10-15 drops under the tongue, 3 times daily, and for children, 6-10 drops under the tongue, 3 times daily, before or after meals. Allow drops to be absorbed orally, then swallow. Severe and long-term allergy sufferers should begin Allergena one to two weeks before the allergy season at a recommended dosage of 6 drops under the tongue 3 times daily. For best results, two weeks after the allergy season, reduce intake to 5-8 drops under the tongue once daily as needed. During an acute allergy attack, administer 5-8 drops per hour, in addition to 3 times daily.

Are there any side effects?

There are no known side effects. For extreme sufferers, heightened allergic reaction may occur following administration of Allergena. Do not be alarmed at this response. If you experience a headache after taking Allergena, decrease dose to a tolerable level. Then increase dose slowly over a period of two weeks.

Can I take Allergena with other medications?

Yes. There are no known adverse drug interactions.

What is Sublingual Immunotherapy (SLIT)?

Sublingual Immunotherapy is a method of allergy treatment that uses an allergen solution given under the tongue. Over time, sensitivity to allergens are reduced. In 1998 the World Health Organization concluded that Sublingual Immunotherapy was a viable alternative to the injection route and that its use in clinical practice is justified.

Bousquet J, Lockey R, Malling H (1998). "Allergen immunotherapy: therapeutic vaccines for allergic diseases. A WHO position paper". *J Allergy Clin Immunol* 102 (4 Pt 1): 558-62.

More Products by Allergena:

www.allergena.com

Zones 3 Kids

Allergy Relief from
Trees, Weeds & Grasses

Mold Mix

Allergy Relief from
Molds & Fungi

Dust+Mite

Allergy Relief from
Dust Mites & House Dust

Fragrance

Allergy Relief from
Fragrances, Smoke
& Pollutants

Pet Dander

Allergy Relief from
Cats & Dogs and
Other Animals

for Pets

Allergy Relief for
Cats & Dogs