Texas Trees is formulated to provide relief from the following local allergens:

**Trees**
- Acacia
- Alder, Smooth
- Ash, Arizona
- Ash, Green
- Ash, White
- Birch, Red
- Birch, River
- Box Elder
- Cedar, Pinchot
- Cedar, Mountain
- Cedar, Red
- Chinese Tallow
- Cottonwood, Eastern
- Cottonwood, Western
- Cypress, Arizona
- Cypress, Bald
- Elm, American
- Elm, Cedar
- Elm, Chinese
- Elm, Fall Blooming
- Groundsel Tree
- Hackberry
- Hickory, Bitternut
- Hickory, White
- Hornbeam
- Ironwood
- Juniper, Alligator
- Juniper, Oneseed
- Juniper, Redberry
- Ligustrum
- Maple, Red
- Maple, Silver
- Mesquite
- Mulberry, Paper
- Mulberry, Red
- Mulberry, White
- Oak, Black
- Oak, Blackjack
- Oak, Bur
- Oak, Live
- Oak, Pin
- Oak, Post
- Oak, Red
- Oak, White
- Pecan
- Pine, Austrian
- Pine, Lobolly
- Pine, Longleaf
- Pine, Scotch
- Pine, Shortleaf
- Poplar, Lombardy
- Poplar, White
- Sweetgum
- Tree-Of-Heaven
- Walnut, Black
- Willow, Black

**Weeds**
- Amaranth, Green
- Broomweed
- Burning Bush
- Carelessweed
- Cocklebur
- Dock, Bitter
- Dock, Sour
- Dock, Tall
- Dock, White
- Dock, Yellow
- Goldenrod
- Indian Hair Tonic
- Iodine Bush
- Jerusalem Oak
- Lamb’s Quarters
- Marshelder, Burweed
- Marshelder, Narrowleaf
- Marsh Elder, Rough
- Marsh Elder, True
- Mexican Tea
- Mugwort, Dark-Leaved
- Nettle
- Palmer’s Amaranth
- Pigweed, Spiney
- Pigweed, Rough
- Plantain, English
- Ragweed, False
- Ragweed, Giant
- Ragweed, Short
- Ragweed, Slender
- Ragweed, Southern
- Ragweed, West
- Russian Thistle
- Sage, Prairie
- Sorrel, Sheep
- Spearscale
- Waterhemp, Western
- Wingscale
- Wormwood, Annual

**Grasses**
- Bermuda Grass
- Bluegrass, Annual
- Bluegrass, Canadian
- Bluegrass, Kentucky
- Brome, Hungarian
- Canary Grass, Reed
- Cheat Grass
- Corn
- Fescue, Meadow
- Johnson Grass
- June Grass
- Oat Grass, Tall
- Oats, Cultivated
- Orchard Grass
- Quack Grass
- Redtop
- Rye, Cultivated
- Rye Grass, Italian
- Rye Grass, Perennial
- Salt Grass
- Sudan Grass
- Timothy
- Wheat, Cultivated
- Wheat Grass, Western

**Active Ingredients:** Antigens 6X, 12X, 30X: Texas Grasses, Texas Trees, Texas Weeds; Herbal Drainage Remedies 3X: Baptisia tinctoria HPUS, Hydrastis canadensis HPUS, Myrrha HPUS, Nasturtium aquaticum HPUS, Phytolacca decandra HPUS, Trigonella foenum-graecum; Echinacea 3X HPUS.

**Inactive Ingredients:** USP Purified Water & 25% USP Ethanol.
Frequently Asked Questions

How does Allergena Texas Trees work?
The immune system defends us against disease. When harmful substances are detected, such as pollens, the immune system creates antibodies, which destroy or neutralize allergens (i.e. pollens, dust and/or mold) that cause us to have allergic reactions. However, sometimes even our immune system is not strong enough to defend against these allergens. Allergena is a Homeopathic Sublingual Immunotherapy that reduces the body’s negative reaction to allergens. Our homeopathic allergy drops build immunity by exposing your body in micro doses to whatever it is that you are allergic to. This way, the body becomes safely conditioned to tolerate the allergens that previously brought on allergic reactions, and ultimately reduce allergic symptoms. Below are a few definitions to give you a better idea of how Allergena works:

- **Sublingual**: Underneath the tongue.
- **Immunotherapy**: Treatment to stimulate or restore the ability of the immune (defense) system to fight infection and disease. Allergy shots are another form of Immunotherapy.

What does “Geographically Zoned” mean?
Trees in the Southwest are different from trees on the East Coast, and so what you are allergic to is entirely related to your geography, or where you live. That’s why native trees, weeds and grasses, and other common allergens from across the US have been grouped into 9 unique “zones”. These zones ensure your body builds immunity to the specific allergens that make you miserable.

Why are drainage remedies included?
Our specific herbal remedies enhance drainage of foreign particles which accumulate in the lymph system.

How long before Allergena begins “working”?
Some users experience relief within hours. Others realize a reduction of symptoms between one to eight weeks.

How long should I continue to take Allergena?
Frequent administration of Allergena is essential to building immunity. Recommended dosage for adults is 10-15 drops under the tongue, 3 times daily, and for children, 6-10 drops under the tongue, 3 times daily, before or after meals. Allow drops to be absorbed orally, then swallow. Severe and long-term allergy sufferers should begin Allergena one to two weeks before the allergy season at a recommended dosage of 6 drops under the tongue 3 times daily. For best results, two weeks after the allergy season, reduce intake to 5-8 drops under the tongue once daily as needed. During an acute allergy attack, administer 5-8 drops per hour, in addition to 3 times daily.

Are there any side effects?
There are no known side effects. For extreme sufferers, heightened allergic reaction may occur following administration of Allergena. Do not be alarmed at this response. If you experience a headache after taking Allergena, decrease dose to a tolerable level. Then increase dose slowly over a period of two weeks.

Can I take Allergena with other medications?
Yes. There are no known adverse drug interactions.

What is Sublingual Immunotherapy (SLIT)?
Sublingual Immunotherapy is a method of allergy treatment that uses an allergen solution given under the tongue. Over time, sensitivity to allergens are reduced. In 1998 the World Health Organization concluded that Sublingual Immunotherapy was a viable alternative to the injection route and that its use in clinical practice is justified.