# ALLERGENA

# Fragrance

# Allergy Relief from Fragrances, Smoke & Pollutants\*

- Homeopathic Sublingual Immunotherapy
- Builds a strong immune system to help fight allergies\*
- Non drowsy, no side effects and no drug interactions\*
- No GMOs and No Gluten
- Alleviates runny nose, sneezing, congestion, sinus pressure, itchy & watery eyes\*

People who have become odor-sensitive to perfumes, gasoline, car exhaust, pesticides and cigarette smoke will first develop allergy related symptoms.

Common symptoms from odor sensitivities include:

- Burning or watery eyes
- Headaches
- Nasal congestion
- Coughing
- Hoarseness
- Shortness of breath presenting as a wheeze.

Fragrances, tobacco and fireplace smoke and car exhaust fumes are environmental irritants. They put extra strain on your body and immune system which can trigger an allergic reaction. Existing illnesses like asthma and allergies can worsen when exposed to these environmental irritants.

A speck of cat dander floating through the air may not set off a reaction, but the addition of tobacco smoke may push your body to the limit and create a variety of allergy related symptoms.

You walk into a friend's home and smell freshly baked pumpkin pie. After you start sneezing uncontrollably, feeling dizzy and sick to your stomach you learn she hasn't been baking –she's burning a scented candle.

Wood smoke emissions contain carbon monoxide, nitrogen dioxide, sulfur dioxide, hydrochloric acid, and formaldehyde; and chemicals known or suspected to be carcinogens. Wood smoke can depress the immune system and damage the layers of cells in the lungs that protect and cleanse the airways.

Avoidance is the best method to prevent allergies caused by environmental irritants, but it may not be a practical solution. *Active Ingredients:* Arnica montana 6X, Bovista 6X, Calcarea carbonica 8X, Carbo vegetabilis 8X, Cicuta virosa 6X, Euphorbium officinarum 6X, Hydrastis canadensis 5X, Petroleum 6X, Phosphorus 8X, Plumbum metallicum 8X, Sulphur 30X

Inactive Ingredients: Demineralized Water & 20% USP Alcohol.





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# **Frequently Asked Questions**

### How does Allergena Fragrance work?

Allergena is a Homeopathic Sublingual Immunotherapy. It reduces your body's negative reaction to environmental irritants such as Fragrances, Tobacco Smoke, Car Exhaust and Fireplace Smoke. Allergena homeopathic allergy drops help build immunity towards your allergic symptoms.

- Sublingual: Underneath the tongue.
- Immunotherapy: Treatment to stimulate or restore the ability of the immune (defense) system to fight infection and disease. Allergy shots are another form of Immunotherapy.

#### How long before Allergena begins "working"?

Some users experience relief within hours. Others realize a reduction of symptoms between one to eight weeks.

#### How long should I continue to take Allergena?

Frequent administration of Allergena is essential to building immunity. Recommended dosage for adults is 10-15 drops under the tongue four to six times daily. Children (11 and younger) take 8-10 drops under the tongue. Infants (0-24) 4 drops. Allow drops to be absorbed orally, then swallow. During an acute allergy attack, administer every half hour.

#### Are there any side effects?

There are no known side effects. For extreme sufferers, heightened allergic reaction may occur following administration of Allergena. Do not be alarmed at this response. If you experience a headache after taking Allergena decrease dose to a tolerable level. Then increase dose slowly over a period of two weeks.

#### Can I take Allergena with other medications?

Yes. There are no known adverse drug interactions.

#### What is Sublingual Immunotherapy (SLIT)?

Sublingual Immunotherapy is a method of allergy treatment that uses an allergen solution given under the tongue. Over time, sensitivity to allergens are reduced. In 1998 the World Health Organization concluded that Sublingual Immunotherapy was a viable alternative to the injection route and that its use in clinical practice is justified.

Bousquet J, Lockey R, Malling H (1998). "Allergen immunotherapy: therapeutic vaccines for allergic diseases. A WHO position paper". J Allergy Clin Immunol 102 (4 Pt 1): 558–62.

### More Products by Allergena:

### Zones 1-9

Allergy Relief from Trees, Weeds & Grasses

## Mold Mix

Allergy Relief from Molds & Fungi

## Dust+Mite

Allergy Relief from Dust Mites & House Dust

#### **Pet Dander**

Allergy Relief from Cats & Dogs and Other Animals

#### www.allergena.com

for Pets

Allergy Relief for Cats & Dogs