

# ALLERGENA™

## Dust + Mite

NET 1 FL. OZ. (30ml)



### Allergy Relief from Dust Mites & House Dust

- Homeopathic Sublingual Immunotherapy
- Builds a strong immune system to help fight allergies
- Non-Drowsy, no side effects and no drug interactions
- No GMOs
- Alleviates runny nose, sneezing, congestion, sinus pressure, itchy & watery eyes
- Contains herbal drainage remedies to enhance the drainage process and remove antigen residue
- Additional immune support provided from Echinacea

*House dust is a mixture of many substances. Its content may vary from home to home, but the most common allergy triggers are:*

- Dust mites
- Cockroaches
- Fungi (Mold)
- Animals

*Dust mites (sometimes called bed mites) are the most common cause of allergy from house dust.*

- People who are allergic to dust mites react to proteins within the bodies and feces of the mites.
- There may be many as 19,000 dust mites in one gram of dust, but usually between 100 to 500 mites live in each gram. (A gram is about the weight of a paper clip.)
- Dust mites don't bite, cannot spread diseases and usually do not live on people. They are harmful only to people who become allergic to them.

Source: ACAAI (American College of Allergy, Asthma and Immunology)

"Allergens produced by house dust mites are among the most common triggers of asthma.."

(Xavier Basagaña, Jordi Sunyer, Manolis Kogevinas, Jan-Paul Zock, Enric Duran-Tauleria, Deborah Jarvis, Peter Burney, Josep Maria Anto, and on behalf of the European Community Respiratory Health Survey (2004). "Socioeconomic Status and Asthma Prevalence in Young Adults. The European Community Respiratory Health Survey". American Journal of Epidemiology 160 (2): 178-188. doi:10.1093/aje/kwh186. PMID 15234940.)

#### Herbal Drainage Remedies:

- **Baptisia tinctoria**
- **Hydrastis canadensis**
- **Myrrha**
- **Nasturtium aquaticum**
- **Phytolacca decandra**
- **Trigonella foenum-graecum**

**Active Ingredients: Antigens 9X, 12X, 15X, 30X:** Blatta orientalis (Oriental Cockroach) HPUS, Dust Mite (D.Pteronyssinus, D. Farinae), Grain Dust (Barley, Corn, Millet, Oat, Rice, Wheat), House Dust (Mattress, Rug, Upholstery), Periplaneta americana (American Cockroach) HPUS; **Herbal Drainage Remedies 3X:** Baptisia tinctoria HPUS, Hydrastis canadensis HPUS, Myrrha HPUS, Nasturtium aquaticum HPUS, Phytolacca decandra HPUS, Trigonella foenum-graecum; Echinacea 3X HPUS, Stannum metallicum 12X HPUS.

**Inactive Ingredients:** USP Purified Water & 25% USP Ethanol.

[www.allergena.com](http://www.allergena.com) / see reverse for more details

ALLERGENA™ is a Homeopathic Formulation by PROGENA™

## Frequently Asked Questions

### How does Allergena Dust+Mite work?

The immune system defends us against disease. When harmful substances are detected, such as dust, the immune system creates antibodies, which destroy or neutralize allergens (i.e. dust mites, mold and/or pollens) that cause us to have allergic reactions. However, sometimes even our immune system is not strong enough to defend against these allergens. Allergena is a Homeopathic Sublingual Immunotherapy that reduces the body's negative reaction to allergens. Our homeopathic allergy drops build immunity by exposing your body in micro doses to whatever it is that you are allergic to. This way, the body becomes safely conditioned to tolerate the allergens that previously brought on allergic reactions, and ultimately reduce allergic symptoms. Below are a few definitions to give you a better idea of how Allergena works:

- Sublingual: Underneath the tongue.
- Immunotherapy: Treatment to stimulate or restore the ability of the immune (defense) system to fight infection and disease. Allergy shots are another form of Immunotherapy.

### Why are drainage remedies included?

Our specific herbal remedies enhance drainage of foreign particles which accumulate in the lymph system.

### How long before Allergena begins “working”?

Some users experience relief within hours. Others realize a reduction of symptoms between one to eight weeks.

### How long should I continue to take Allergena?

Frequent administration of Allergena is essential to building immunity. Recommended dosage for adults is 10-15 drops under the tongue, 3 times daily, and for children, 6-10 drops under the tongue, 3 times daily, before or after meals. Allow drops to be absorbed orally, then swallow. During an acute allergy attack, administer 5-8 drops per hour, in addition to 3 times daily

### Are there any side effects?

There are no known side effects. For extreme sufferers, heightened allergic reaction may occur following administration of Allergena. Do not be alarmed at this response. If you experience a headache after taking Allergena, decrease dose to a tolerable level. Then increase dose slowly over a period of two weeks.

### Can I take Allergena with other medications?

Yes. There are no known adverse drug interactions.

### What is Sublingual Immunotherapy (SLIT)?

Sublingual Immunotherapy is a method of allergy treatment that uses an allergen solution given under the tongue. Over time, sensitivity to allergens are reduced. In 1998 the World Health Organization concluded that Sublingual Immunotherapy was a viable alternative to the injection route and that its use in clinical practice is justified.

Bousquet J, Lockey R, Malling H (1998). "Allergen immunotherapy: therapeutic vaccines for allergic diseases. A WHO position paper". *J Allergy Clin Immunol* 102 (4 Pt 1): 558-62.

More Products by Allergena:

[www.allergena.com](http://www.allergena.com)

#### Zones 1-9

Allergy Relief from  
Trees, Weeds & Grasses

#### Mold Mix

Allergy Relief from  
Molds & Fungi

#### Fragrance

Allergy Relief from  
Fragrances, Smoke  
& Pollutants

#### Pet Dander

Allergy Relief from  
Cats & Dogs and  
Other Animals

#### for Pets

Allergy Relief for  
Cats & Dogs