

ALLERGENA[®]



Aller Plus

Tinospora Cordifolia Extract Promotes Healthy Nasal and Immune Function*

In a recent double-blind study (J Ethnopharmacol 2005; 96 (3): 445-9), an extract of the Indian herb *Tinospora cordifolia* (TC) improved symptoms caused by an abnormal sensitivity to certain airborne pollens. 75 subjects received either 300 mg of TC three times per day for eight weeks or a placebo.

With TC treatment, 83% experienced total relief from sneezing, 69% had complete relief from nasal discharge, 61% had no nasal obstruction, and 71% had no nasal itchiness after eight weeks. In the placebo group there was no relief in 79% from sneezing, in 84% from nasal discharge, in 83% from nasal obstruction and in 88% from nasal itching. The difference between TC and placebo groups was highly significant.

Total lymphocyte count increased 69% in the TC group and in only 11% with placebo, suggesting an enhanced state of immunity in the *tinospora* group. Also, nasal smears showed significant reductions in the number of cells that indicate pollen sensitivity.

Tinospora cordifolia was well tolerated

References

Badar V et al: Efficacy of *Tinospora cordifolia* in allergic rhinitis.
Journal of Ethnopharmacology 2005; 96(3): 445-9.

For Professional Use.

Specifically formulated nutritional product derived from ingredients quality controlled for consistent potency and safety. Contains no sugar, starch, salt, artificial colors or flavors, corn, wheat, yeast, milk or soy.

Recommended Dosage:

One capsule three times daily with food or as directed by your health care professional.

Supplement Facts

Serving Size: One (1) capsule

Each Capsule Contains:

Tinospora cordifolia extract** 300 mg*
Standardized to contain 5% bitter principles

* Daily value not established.

**From *Tinofend*[®]

Other Ingredients: Gelatin (capsule) and Rice Flour.
Tinofend[®] is a registered trademark of Verdure Sciences.



90 Capsules

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any diseases.

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